

Are you in an abusive relationship?

Domestic violence doesn't look the same in every relationship, but there are some common warning signs. You may be in an abusive relationship if your partner:

- Criticizes you or puts you down.
- Prevents or discourages you from seeing friends, relatives or peers.
- Blames you for their own behavior.
- Threatens to hurt or kill you or your loved ones, including pets.
- Hurts you physically.
- Tries to control your behavior or prevent you from making decisions.
- Limits/controls your access to money.
- Acts excessively jealous or possessive.
- Insults your parenting or threatens to take away your children.
- Needs to constantly know where you are and what you're doing.
- Expects you to spend all of your free time together.
- Threatens suicide if you leave.
- Pressures you to perform sexual acts you're not comfortable with.
- Controls access to and content on your social media.

Do these feel familiar to you?
Call 845-471-3033. We can help.

GRACE
SMITH
HOUSE



An Open Door
For Victims Of
Domestic Violence

Grace Smith House, Inc.

1 Brookside Ave.
Poughkeepsie, NY 12601
www.gracesmithhouse.org
24-Hour Hotline: 845-471-3033
Office: 845-452-7155

Grace Smith House accepts requests for help regardless of race, color, religion, national origin, sex, gender identity, orientation, age or disability.

Established in 1981, Grace Smith House is a private nonprofit domestic violence agency, which provides both residential and non-residential services to victims of domestic violence and their children.

The mission of Grace Smith House is to enable individuals and families to live free from domestic violence by:

- Providing shelter and apartments, advocacy, counseling and education
- Raising the consciousness of the community regarding the extent, type and seriousness of domestic violence
- Initiating and taking positions on public policies in order to provide options which empower victims of domestic violence



The programs provided by this agency are partially funded by monies received from Dutchess County and United Way.

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GRACE SMITH HOUSE



Open The Door ...

HOW CAN WE HELP?

COMMUNITY SERVICES

24-HOUR HOTLINE

Advocates at our 24-hour crisis hotline can help you assess the danger you are in, create a safety plan for your family and help you understand available options.

ADVOCACY

Advocates can help guide you through processes involving police, courts, social services, employment, housing and more.

FAMILY COURT ADVOCATES

Trained Advocates can help you complete and file orders of protection and petitions.

SUPPORTIVE COUNSELING

Individual counseling for survivors of domestic violence.

SUPPORT GROUPS

We offer trained advocates to facilitate groups for you and your children, to help acknowledge your experiences and learn non-violent methods of problem-solving.



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CHILDREN'S PROGRAMS

A trauma-informed approach to serving children who have been exposed to family violence. Programs take place in our shelter and in our community programs.

CHILD PROTECTIVE SERVICES LIAISONS

Skilled liaisons located at Child Protective Services offer support to victims of domestic violence who are involved with CPS.

LATINA OUTREACH

Spanish-speaking advocacy and counseling is available.

COMMUNITY EDUCATION & OUTREACH

School and community education focused on bullying and relationship violence prevention and intervention. Outreach activities to increase awareness about domestic violence and Grace Smith House services.

"Grace Smith House is there for you every step of the way. You just can't doubt that you deserve help." - Julia, survivor

NO ONE DESERVES TO BE ABUSED

SHELTER/HOUSING SERVICES

EMERGENCY SHELTER

Our 25-bed, family-style secure shelter for individuals and families. Services provided on site.

SAFE PET PROGRAM

We work with the Dutchess County SPCA to provide a safe place for your animals while you seek shelter in our residential program.

TRANSITIONAL HOUSING

Our apartments house survivors transitioning from a short-term shelter stay to an independent living environment. Services provided on site.



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